Cheap Nursing CEUs

Anemia

1. A health care professional has questions regarding anemia. Which of the following informational points of interest should be communicated to the health care professional?

A. Anemia develops when the blood produces a higher-than-normal amount of healthy red blood cells.

B. Anemia develops when the blood produces a lower-than-normal amount of healthy red blood cells.

C. Anemia does not typically develop from haemolysis.

D. Anemia cannot develop from blood loss.

2. Which of the following best represents a risk factor for anemia?

- A. Age individuals over the age of 50 are at increased risk for developing anemia
- B. Age individuals under the age of 50 are at increased risk for developing anemia
- C. Diets high in B12
- D. Diets high in dairy

3. Which of the following best represents a patient population most vulnerable to anemia?

- A. Adolescents
- B. Male and female individuals between the ages of 21 30
- C. Male individuals between the ages of 21 40
- D. Female individuals between the ages of 21 40

4. Which of the following best represents a complication typically associated with anemia?

- A. Increased risk of breast cancer
- B. Increased risk of prostate cancer
- C. Dementia
- D. Polyuria

5. A 28-year-old pregnant individual has questions regarding anemia and developmental disabilities. Which of the following educational points should be expressed to the pregnant individual?

A. Anemia is not typically associated with developmental disabilities.

- B. Developmental disabilities typically only affect infants born after 37 weeks of pregnancy.
- C. ADHD is not considered to be a developmental disability.
- D. Autism spectrum disorder is an example of a developmental disability.

6. A health care professional is developing an educational lecture focused on treatment options for iron-deficiency anemia. Which of the following informational points of interest should be included in the health care professional's lecture?

- A. Venofer should only be used to treat patients under the age of 65.
- B. Venofer should only be used to treat patients over the age of 65.
- C. Epogen is an example of a erythropoiesis-stimulating agent.

D. Epogen is an example of a erythropoiesis-stimulating agent that should only be used for a period of 24 hours.

7. How much iron should a 48-year-old male individual take in per day?

- A. 2 mg/per day
- B. 4 mg/per day
- C. 6 mg/per day
- D. 8 mg/per day

8. How much B12 should a 24-year-old pregnant individual take in per day?

- A. 2.6 mcg/per day
- B. 4.2 mcg/per day
- C. 2.6 mg/per day
- D. 4.2 mg/per day

9. Which of the following best represents a sign/symptom of hemolytic anemia?

- A. Kidney failure
- B. Enlarged spleen
- C. Polyphagia
- D. Hyperhidrosis

10. Which of the following treatment options may be used to cure aplastic anemia?

- A. Blood transfusion
- B. Immunosuppressive therapy
- C. Bone marrow stimulants
- D. Bone marrow transplant

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